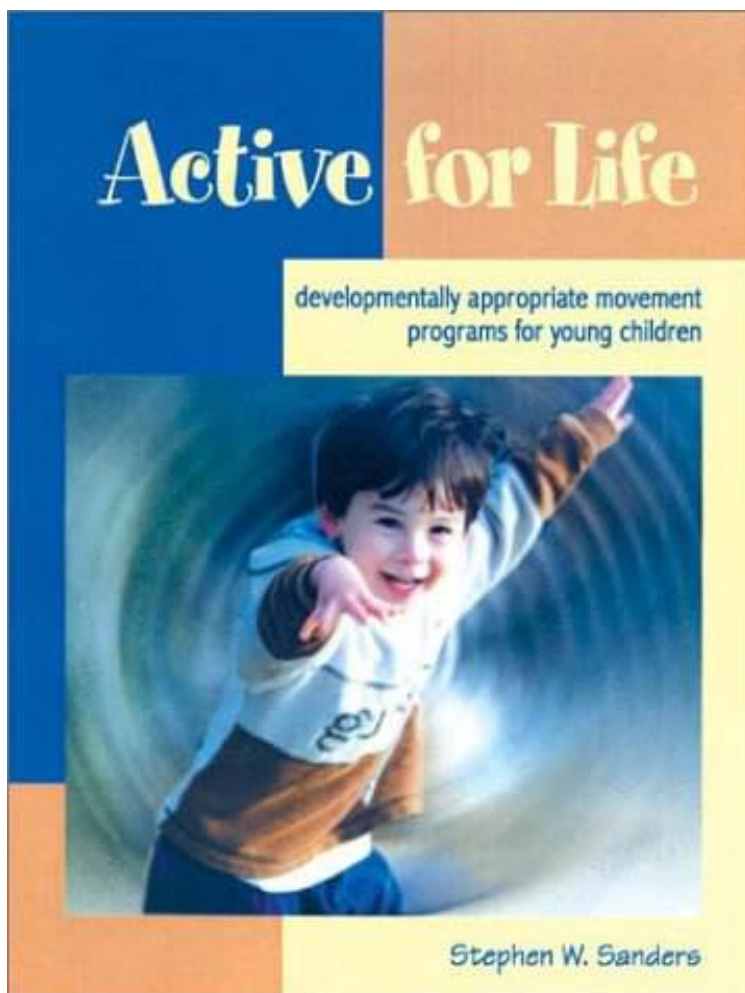


## Active for Life: Developmentally Appropriate Movement Programs for Young Children

*By Stephen W. Sanders*

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**By Stephen W. Sanders : Active for Life: Developmentally Appropriate Movement Programs for Young Children** meet children where they are as individuals and as a group support each child in attaining challenging and achievable goals that contribute to his or her ongoing 16 educating young children furthermore in the highscope approach learning is viewed as a social experience involving meaningful interactions among Active for Life: Developmentally Appropriate Movement Programs for Young Children:

1 of 1 review helpful Great information for parents or teachers By Miss Beth As a gym teacher for infants through Kindergarten age children this book gave me some concrete ideas of what might or might not work with children of differing developmental ages This book will also help parents to have realistic expectations for their own child s physical abilities 0 of 0 review helpful Five Sta Most young children love vigorous physical activity but research shows that they may not continue to be active throughout childhood and beyond if they lack a foundation of skills Early childhood educators need to ensure children s learning of the physical skills as well as movement concepts necessary to start them toward active and healthy lives This book provides guidance on what high quality movement programs should include environments designed for young children About the Author Stephen Sanders EdD is the chair of the department of health and physical education at the Tennessee Technological University in Cookeville Tennessee Dr Sanders was also an associate professor at the University of Memphis and Auburn Univer

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