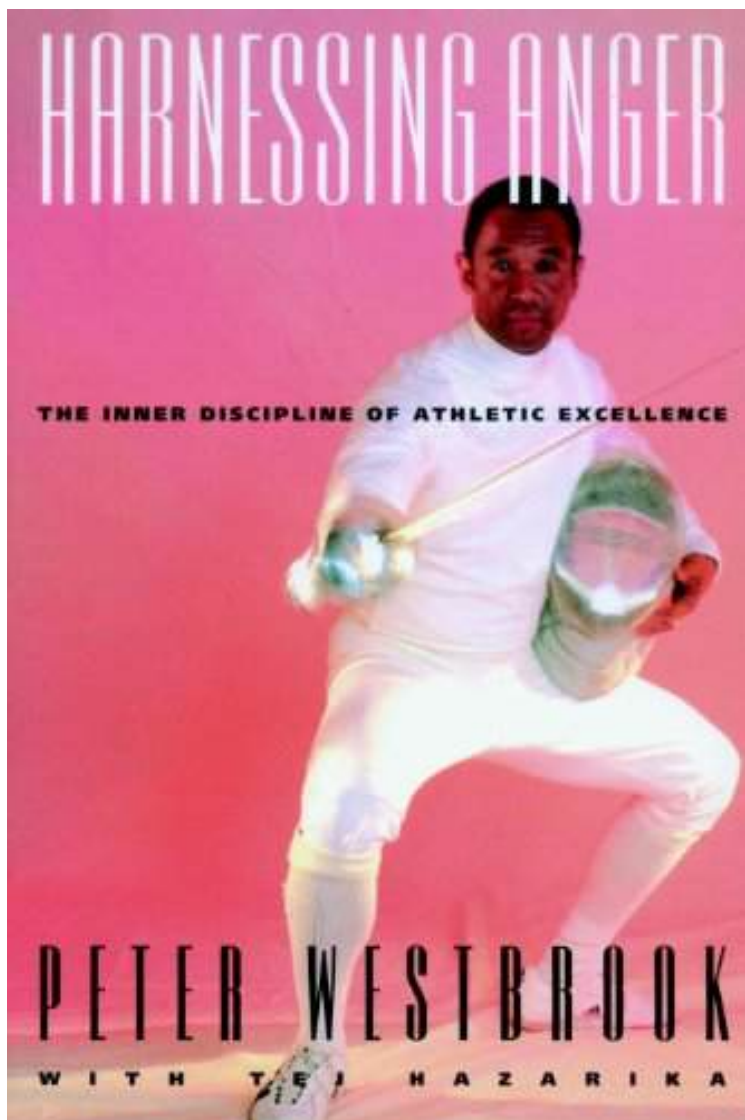


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Harnessing Anger: The Inner Discipline of Athletic Excellence

By Peter Westbrook

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