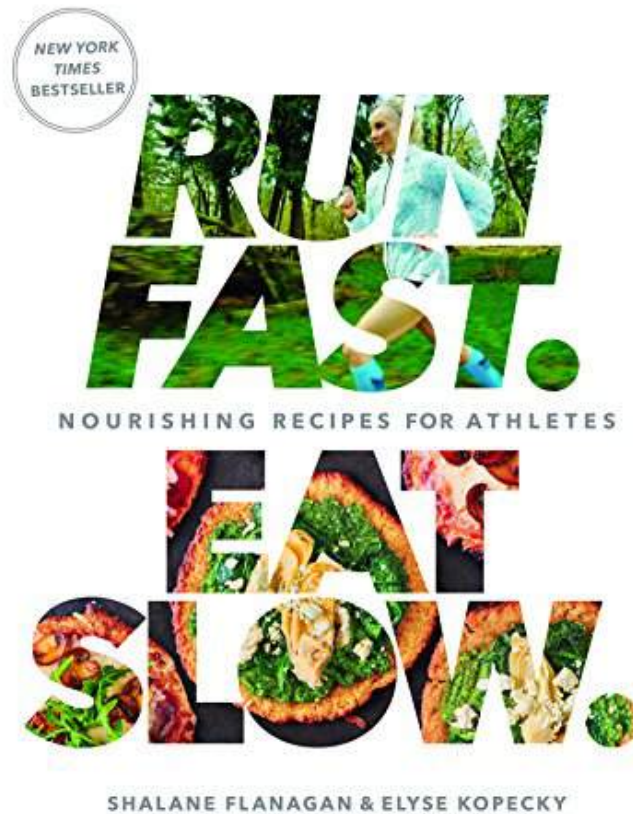


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Run Fast. Eat Slow.: Nourishing Recipes for Athletes

By Shalane Flanagan, Elyse Kopecky
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