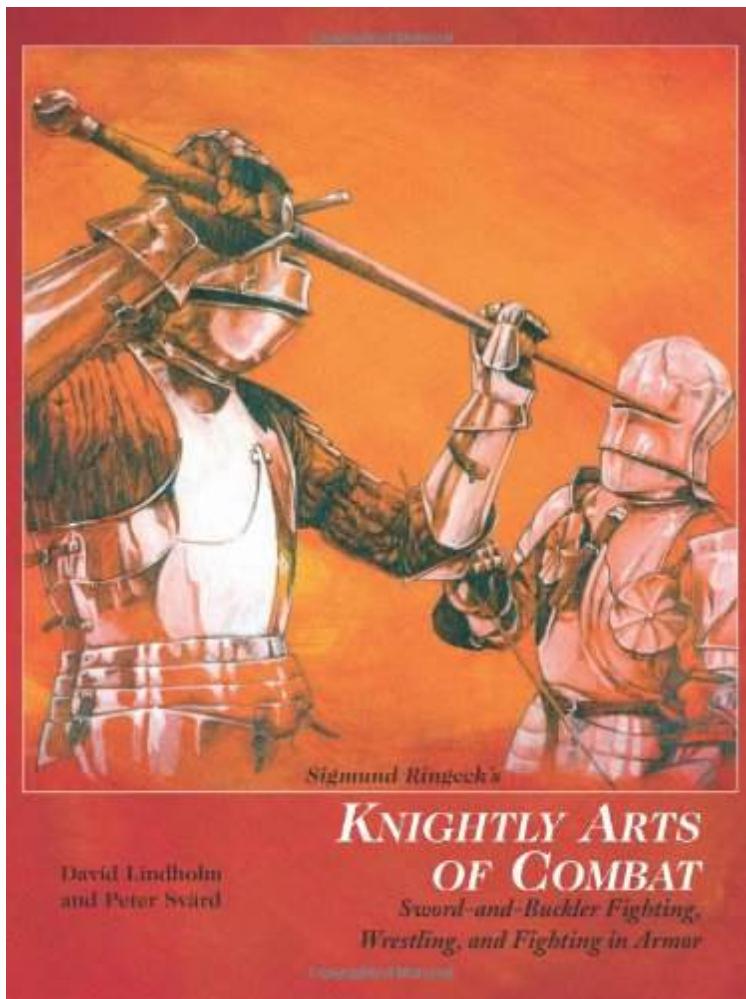


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Sigmund Ringeck's Knightly Arts Of Combat: Sword and Buckler Fighting, Wrestling, and Fighting in Armor

By David Lindholm, Peter Svard

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0 of 0 review helpful I was a bit disappointed in this book overall By Charles T I was a bit disappointed in this book overall Illustrations are very useful however there are times where their progression doesn t feel quite as logical to me as some others Many of these movements can be extrapolated by thinking logically but for a beginner it can be quite confusing at times I d have liked to see a little more history o The lessons of influential 15th century fencing master Sigmund Ringeck are brought to life once again by David Lindholm and Peter Sv auml rd the duo behind Sigmund Ringeck s Knightly Art of the Longsword This lavishly illustrated companion to Longsword examines Ringeck s instruction on fighting with the sword and buckler fighting in armor with longsword and spear and wrestling These disciplines and more are fully explained both by Ringeck s text offered in the orig About the Author David Lindholm has an MA in medieval archaeology and history from the University of Lund and works as a writer and archaeologist He has been training in European swordsmanship since 1986 and has some experience in Western fencing iaido and ken

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