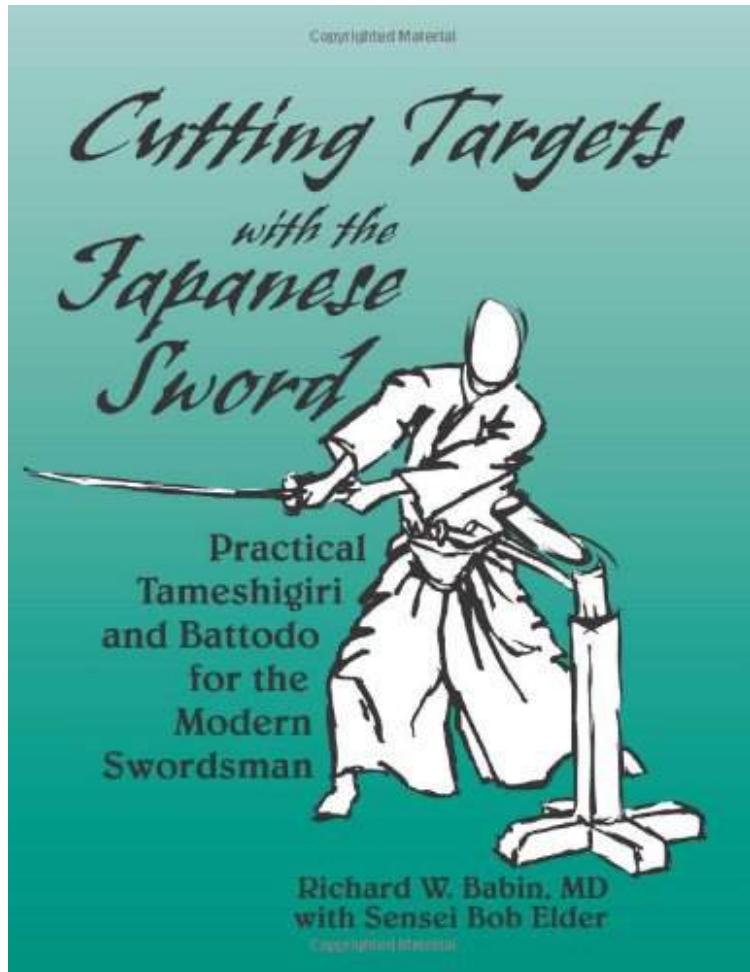


# Cutting Targets With The Japanese Sword: Practical Tameshigiri and Battodo

By Richard Babin, Bob Elder  
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2 of 2 review helpful Very good background for people wanting to study Tameshigiri By Roninkan com This was a

good read and helps to emphasize and teach a great foundation in japanese swordsmanship I would have given it 5 stars but I think that they need to update this book for 2013 Some key items have changed in terms of technology and accessibility of swords and wara Color images and if the book was less wordy mean Richard Babin demonstrates the arts of test cutting tameshigiri and sworsmanship battodo With co author Sensei Bob Elder founder and president of the US Federation of Battodo and the US Federation of Toyama Ryu Babin covers every aspect of the test cutting process including the selection of an appropriate blade the construction of targets and stands and the mechanics of cutting all while emphasizing safety and proper attitude This invaluable guide also tea About the Author Richard W Babin BS M D is a practicing surgeon who served two years active duty in the USAF as chief of head and neck surgery at Maxwell Field during the Vietnam conflict His interest in the martial arts began with several years of judo in

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