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## A Basic Foil Companion

By Paul Sise  
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introduces you to the terms you'll use throughout your fencing career. Here is just a partial checklist of the topics covered: Sport Fencing and Stage Fencing, Foil, Saber, Epee, choosing your weapon, What About the Author, Fencing Master, Paul Sise is the owner and head coach of Pioneer Valley Fencing Academy in Western Massachusetts where he teaches beginning through advanced foil and epee. His students range from recreational fencers to national competitors. He

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