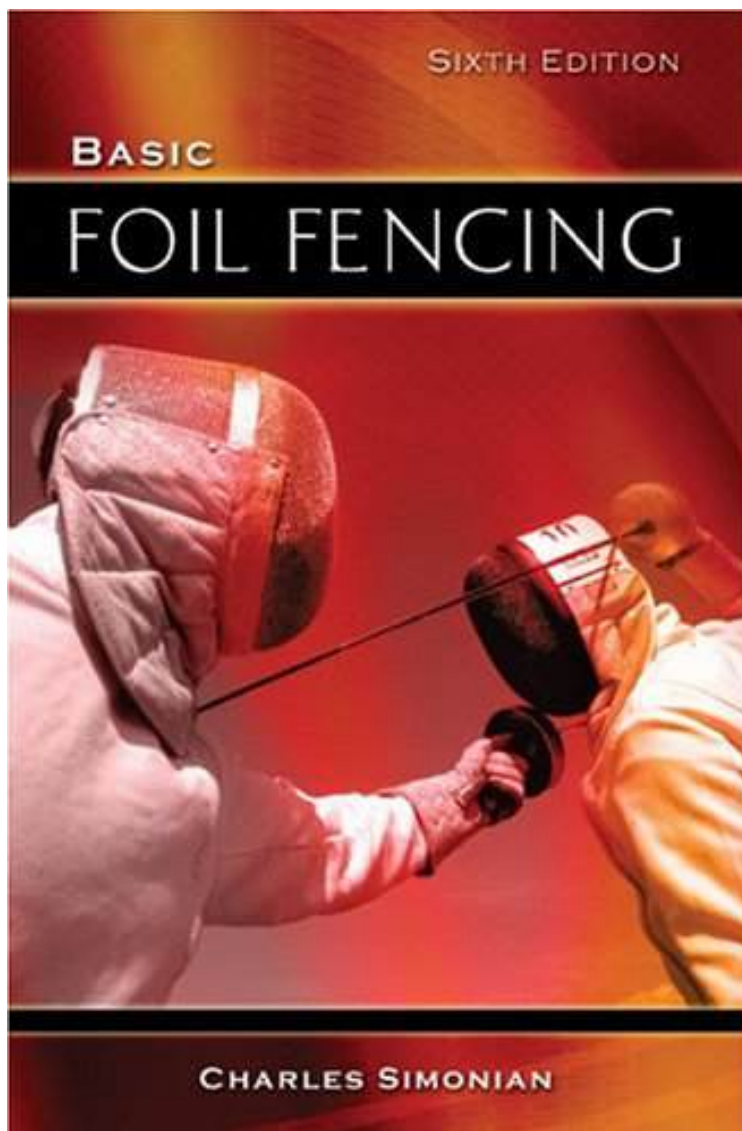


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the southwest region covers gloucestershire to cornwall and is home to some great fencing clubs fencing practice and techniques of modern competitive fencing are governed by the fie though they developed from conventions developed in 18th and 19th century **review** long term athlete development or ltad describes a framework for the optimal development of sport participants of all ages interests and abilities and in all sports how to understand fencing tactics as a spectator the amazing tactical complexity of modern fencing has earned the sport the nickname quot;physical chessquot; to the

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